



## BREAKFAST (served from 9am to 3:30pm)

**Carn Fry (vegan and GF option available) ..... £9.95**  
Sausage x 2, bacon x 2, free-range egg, black pudding, beans, soda bread, potato bread and sourdough toast

**Small Fry (vegan and GF option available) ..... £7.50**  
Choose any six items from the Carn Fry

**French Toast (vegetarian and GF) ..... £7.75**  
Brioche French toast served on a bed of blueberries, honey and pistachios with Greek yogurt honey & ginger dressing OR with bacon and honey

*Add option ..... +£1.00*

**Four Egg Omelette (vegetarian and GF) ..... £6.50**

**Two Egg Omelette ..... £5.50**

Farm-fresh free-range eggs, served with your choice of filling and sourdough bread toast

*Add meats (chicken, ham, tuna, bacon) ..... +£1.00*  
*Add salads (cheese, tomato, onion, pepper, mushroom, sweetcorn) ..... Included*

**Pancake Stack ..... £6.75**  
Freshly made pancakes served with bacon and maple syrup OR fresh berries and Greek yogurt honey & ginger dressing

**Eggs on Toast ..... £5.50**  
Two scrambled, poached, boiled or fried eggs on two slices of sourdough bread toast

*Add Bacon ..... +£1.00*  
*Add Sausage ..... +£1.00*  
*Add Avocado ..... +£1.00*

**Avocado Breakfast ..... £7.95**  
Poached eggs on a bed of sourdough toast, pesto dressing, baby spinach and avocado with a side of sriracha hot sauce

*Add Bacon ..... +£1.00*  
*Add Sausage ..... +£1.00*



## LUNCH (served from 12 noon to 3:30pm)

**Homemade Soup of the Day (vegetarian, GF and DF) .. £5.00**  
Served with wheaten bread  
Gluten free bread + 50p

**Friday Special - FISKCAKES £10.95**  
Smoked Fish & Potato fishcakes with chips and salad

**Caesar Salad (GF) ..... £6.75**  
Crisp Iceberg lettuce tossed with an olive oil dressing or caesar dressing,, grated Parmigiano (parmesan) cheese, bacon, chicken and topped with croutons

**Vegetable/Chicken Curry ..... £9.95**  
Indian style curry with tomato, ginger and masala.  
Served with rice, chips or half & half

**Chicken or Ham Salad ..... £7.75**  
Chicken or Ham served with small amounts of different vegetables, salads and relishes or salad dressing

**Drumnaph Steak Burger ..... £10.50**  
Organic meat burger from Drumnaph Nature Reserve, served with chips, coleslaw and side salad

*Add BBQ, fried onion and bacon ..... +£1.00*  
*Add bacon, lettuce and tomato ..... +£1.00*  
*Add cheese, grilled mushrooms and Marinara sauce ..... +£1.00*  
*Add cheese, roasted red pepper and Horseradish ..... +£1.00*  
*Add Guacamole and red onion ..... +£1.00*  
*Add spicy curry mayo and grilled pineapple ..... +£1.00*  
*Add Pesto and Parmigiano (parmesan) cheese ..... +£1.00*

**Lunch Special ..... £9.95**  
See server for details

**Please speak to our staff about the ingredients in your meal when making your order**



## PANINIS/WRAPS/SANDWICHES

**Caesar Wrap ..... £5.50**  
Chicken, bacon, lettuce and caesar dressing

**Sausage Wrap ..... £5.75**  
Sausage, chips, caramelized onions, cheese and dip of your choice

**Curry Wrap ..... £5.50**  
Chicken, mayo, curry and lettuce

**Summer Explosion Wrap (vegan and vegetarian) ..... £5.50**  
Tomato, cucumber, lettuce, sweetcorn, red onion, peppers

**Colette's Sandwich ..... £5.50**  
Thick sourdough bread, ham, cheese and tomato

**Carrot and Raisin Sandwich (vegan and vegetarian) ..... £5.50**  
Carrot, raisin, olive oil, white or balsamic vinegar, mint and houmous.  
(Recommended with brown bread)

**Ham Salad Sandwich ..... £5.50**  
Lettuce, sweetcorn, pineapple, tomato, onion and ham

**Carn Sandwich ..... £5.75**  
Three slices of brown or white bread, sweetcorn relish, cheese, chicken, onion and mushrooms

**Open Rainbow Panini (vegan and vegetarian) ..... £5.50**  
Cheese, red peppers, beetroot, radish, carrot, green leaves, pesto or olive oil

**Sweet Chili Chicken Panini ..... £5.50**  
Chicken, sweet chili sauce and cheese

**BBQ Chicken Panini ..... £5.50**  
Chicken, bacon, BBQ, red onion, cheese and pickle

**Tuna Panini ..... £5.50**  
Tuna, sweetcorn, red onion and mayo

*Add chips ..... +£2.75*  
*Add soup ..... +£2.75*  
See server for all available sauces, relishes and chutneys  
Gluten free bread +50p

**Make your own ..... £5.50**  
Can't find anything you like? Make your own Panini/Wrap/Sandwich!